

MIXAVIT

Multivitamin Film-coated Tablets

Composition

Each film-coated tablet contains:

Active ingredients:

Thiamine mononitrate	2mg
Riboflavin	1mg
Ascorbic acid	20mg
Nicotinamide	15mg
Vitamin A (palmitate)	3000 I.U.
Vitamin D ₃	300 I.U.

Excipients: Lactose, cellulose, aerosil, magnesium stearate, hypromellose, polyethylene glycol, talc, titanium dioxide, and FD&C yellow no. 6 (sunset yellow).

Properties

Mixavit is a well-balanced preparation that contains a group of vitamins which are essential for the maintenance of normal metabolic functions of the body.

Healthy people with well-balanced diets receive adequate amounts of vitamins from their food, especially in well-developed countries, but deficiency may occur in the diet in less developed countries. Deficiency may also occur in persons on restricted or deficient diets, in persons with malabsorption syndrome and when requirements are increased such as during periods of growth, in pregnancy and lactation, and in increased metabolic states such as hyperthyroidism and fever.

B-complex vitamins are necessary for conversion of carbohydrates, protein and fats into tissue and energy. Vitamin C is involved in tissue repair and collagen formation. Vitamin A is necessary for proper functioning of the retina. It appears to be essential to the integrity of epithelial cells. Vitamin D is necessary for regulation of calcium metabolism. Its deficiency leads to rickets in children and osteomalacia in adults.

Indications

Mixavit is indicated for the following:

- To avoid and correct an inadequate vitamin intake which may result from an unbalanced or special diet, impaired absorption, anorexia, slimming, pathological intestinal flora, debilitating diseases, or therapy with drugs acting as vitamin antagonists.

- To meet the increased vitamin requirements of pregnancy and lactation.

Dosage

One tablet three times daily or as directed by the physician.

Precautions

Caution should be considered if there is any allergic reaction to any of its components.

Pregnancy: Problems have not been reported with the intake of normal daily recommended dosage.

The daily dosage should not be more than one tablet, since vitamin A should not be taken in excessive doses (more than 5000 I.U) during pregnancy.

Lactation: Problems have not been reported with the intake of normal daily recommended dosage.

Side Effects

Mixavit tablets are generally well-tolerated when taken within the recommended doses. Slight yellowish discoloration of the urine may occasionally occur. This is due to the vitamin B₂ (riboflavin) content of the preparation and is completely harmless.

Presentation

Mixavit film-coated tablets: Pack of 20 or 40 tablets.
Hospital pack of 1000 tablets.

- * Store at room temperature not exceeding 25°C, in a dry place.

THIS IS A MEDICAMENT

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicines their benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of reach of the children.

Council of Arab Health Ministers,
Union of Arab Pharmacists

Any information ? Call Toll Free No. (971) 800-4994



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